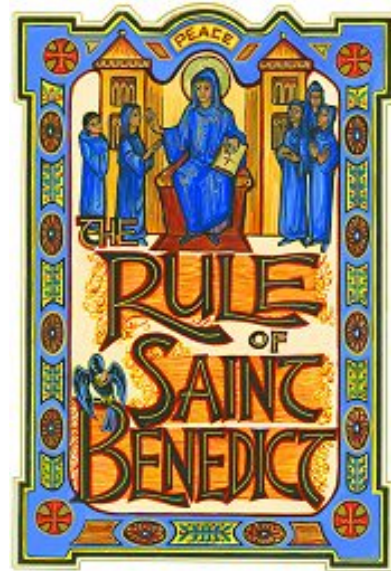


ora + labora

LEADING WITH HEART

BENEDICTINE WISDOM FOR VOLUNTEER
ENGAGEMENT FOR FAITH-BASED
ORGANIZATIONS



The Twelve Steps of Humility

from St. Benedict

12. show humility externally
gaze on the ground
11. humble, grave, short speaking
10. not quick to laughter
9. restraint of tongue—silence
8. doing nothing but what
The Rule commands
7. consider and call oneself low
6. being content with the meanest
and poorest of goods
5. manifest one's sins to Abbot
4. silence, patient & obedient
even in harsh things
3. submission to superior for
the love of God
2. renouncing of own will
1. fear of God and avoiding forgetfulness

Ascending the Steps of Humility

The Twelve Steps of Pride

from Bernard of Clairvaux

Descending the Steps of Pride

1. curiosity
2. frivolity
3. foolish mirth
4. boastfulness
5. singularity
6. conceit
7. audacity
8. excusing sins
9. hypocritical confessions
10. defiance
(exclusion from monastery)
11. freedom to sin
12. habitual sinning



MAVA 2018 Conference
Next Steps and Beyond

The Rule of Benedict on WORK

Prologue 4, 6

Every time you begin a good work, you must pray to him most earnestly to bring it to perfection ... with his good gifts which are in us, we must obey him at all times ...

Prologue 14-15

The Lord, seeking a worker for himself in the crowds to whom he calls out, says: Which of you desires life and longs to see good days?

Prologue 19

What ... is more delightful than this voice of the Lord calling to us?

RB 48:1

Idleness is the soul's enemy, so therefore at determined times the brothers out to be occupied with manual labor, and again at determined hours in lectio divina.

RB 53:20

We serve one another. Consequently, no one is excused from kitchen service unless sick or engaged in some important business ... and we help one another.

RB 57:1

If there are skilled workmen in the monastery, let them practice their crafts with all humility ... but if anyone is so proud of his expertise that he thinks he is a great gift to the monastery, he should be removed from work.

RB 35:2

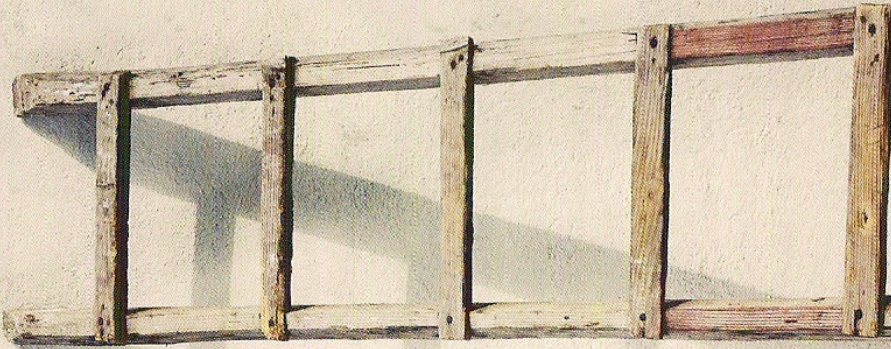
The brothers should serve one another ... for such service increases reward and fosters love.

RB 72: 1, 4-5

Just as there is a wicked zeal of bitterness which separates from God ... so there is good zeal which separates from evil and leads to God and everlasting life ... they should each try to be the first to show respect to the other, supporting with the greatest patience one another ...

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SELECTED BOOKS: SPIRITUALITY OF WORK

James Autry	Life and Work: Manager's Search for Meaning
Peter Block	Stewardship: Choosing Service Over Self-Interest
Lee Bolman + Terry Deal	Leading with Soul: An Uncommon Journey of Spirit
Richard Carlson + Joseph Bailey	Slowing Down to the Speed of Life: How to Create a More Peaceful, Simpler Life from the Inside Out.
Joan Chittister, OSB	How Shall We Live? Because There is a Monk in All of Us
Craig Galbraith + Oliver Galbraith	The Benedictine Rule of Leadership: Classic Management Secrets You Can Use Today
Robert Greenleaf	Servant Leadership
Richard Leider + David Shapiro	Whistle While You Work: Heeding Your Life's Calling (Repacking Your Bags)
Thomas Moore	Care of the Soul
Parker Palmer	A Hidden Wholeness: The Journey Toward an Undivided Life Let Your Life Speak: Listening for the Voice of Vocation The Active Life: Spirituality of Work, Creativity, and Caring
E.F. Schumacher	Good Work
Norvene Vest	Friend of the Soul: A Benedictine Spirituality of Work
Michael Rock	St Benedict's Guide to Improving Your Work Life: Workplace as Worthplace
Margaret Mary Funk, OSB	Tools for Discernment Series

SACRED SCRIPTURES

BENEDICTINE SPIRITUALITY OF WORK

WORK defined

Reflection about spirituality of work ...

... as self-development

... as service

... as vocation

What wisdom is Benedict speaking to you today through the words of his Rule?

What are two Benedictine values that you can bring to your place of work?

Does your day have a balance of prayer, work, and lectio? If not, which part is overemphasized? What can you do about that?

Notice your attitude about work or at work.

When do you feel joyful? Energetic? Hopeful? Happy?

When do you feel bored? Anxious? Fearful? Oppressed? Depressed?

List all the good things your work does for you, your family, and your community.

What image do you have for your work?

Other questions for personal reflection ...

Who am I really?

Who did god make me to be?

What 'work' have I been created to do?

How authentic can I be at work?

Who do I long to be?

What are my unique gifts?

What am I good at?

Am I using these gifts to their fullest in my life?

How am I able to bring all my gifts to my workplace?

Does my workplace encourage my self-development?

How is what I'm doing (my work) consistent with my values?

How can I use my hands, my head, my heart to help others?

In what ways am I able to serve?

How can I work for justice in my workplace?

What am I passionate about?

What really attracts my attention?

What compels me to step out, step up, and take on a challenge?

What would I do even if I weren't being paid to do it?

Is my job my calling? Am I and my work 'one'?

Which of my many responsibilities provides me with the fullest opportunity for expressing who I really am?

